



# River Valley Nursing Center 2013 Annual Report

## A Letter from Our Board Chair...



When I see the River Valley Nursing Center logo it reminds me of the proverbial saying “It’s better to light a candle than to curse the darkness”, Peter Benenson (English Professor and Founder of Amnesty International). Amidst all the changes and uncertainty surrounding healthcare today, the River Valley Nursing Center remains committed to its mission and vision. With each patient encounter we light the River Valley candle by delivering compassionate and individualized health-related services and community resources to vulnerable individuals and families. Through our connections with community leaders, we light the River Valley candle by building relationships based on trust, commitment and a shared purpose. Lastly, we light the River Valley candle through your generous dollar contributions; your time serving on the board; your time volunteering at events; your advocacy; and most of all through your enthusiasm and passion for this work.

We encourage you to visit our Facebook page and River Valley Nursing Center website to read stories of patients we have served through your support and to see pictures and learn more about the great things our organization is doing.

Sincerely,  
Michael Listiak  
Board Chair

## About River Valley Nursing Center...

### Our Model

Unique model couples public health nursing and community resource referrals while continuing to evolve to meet the changing needs of the population.

Services provided by a Public Health nurse and a bi-lingual community outreach coordinator.

Nursing Center services are co-located with other community resource providers (CAP Agency, Workforce Center, Scott County Public Health).

### Vision

Compassionate and individualized health-related services and community resources are available to all.

### Mission

Serving vulnerable individuals and families in our community while promoting the leadership role of nurses.

### Our Words for Action

“No one will leave without at least one need addressed and/or resolved.”

# Center Statistics & Information...

## Total Visits vs. This Year

**Total Visits.....3224**  
**This Year.....297**  
**\*This Year's Visits Account for 10.5% of Total Visits at the Center.**

## Client Age Breakdown:

**0-12.....18.5% of Visits**  
**13-21.....10.5% of Visits**  
**22-65.....67.5% of Visits**  
**66+.....1% of Visits**

## Client Age Breakdown: (2005-2013)

**Asian/Pacific Islander.....8.5% of Visits**  
**Caucasian.....34.5% of Visits**  
**Latino/South American.....50.5% of Visits**  
**Native American/Alaskan.....1% of Visits**  
**African/American Black.....3% of Visits**  
**European Origin (Russian).....2.5% of Visits**

## Counties Represented:

**Scott.....54.1% of Visits**  
**Carver.....44.9% of Visits**  
**Hennepin.....1% of Visits**

## 2013 Income Sources:

**St. Francis & Allina.....70% of Total Income**  
**United Way.....22% of Total Income**  
**Individuals & Other.....8% of Total Income**

## 2013 Board of Directors

**Tamara Severtson/St. Francis Regional Medical Center/past Chair**  
**Michael Listiak/Park Nicollet Medical Clinic/Chair**  
**Charlie Robbins/Community Member/Vice Chair**  
**Mary Bothof/Community Member/Secretary**  
**Dennis Ott/Community Member/Treasurer**  
**Marcee Shaughnessy/Carver County Public Health**  
**Linda Schwichtenberg/Scott County Public Health**  
**Charlene Yanisch/CAP Agency**  
**Kari Nelson/Allina Medical Clinic/Shakopee**  
**Ann Fox/St. Mary's Health Clinics**  
**Gloria Wolf/Community Member/University of MN Extension, Scott Co.**  
**Barbara Zell/Executive Director/ex-officio member**



*50% of All Referred Clients Followed Through with an Appointment*

*100% of River Valley Nursing Clients Are Un-Insured.*

*The River Valley Nursing Center is a 501(c)3 Registered Non-Profit. All Donations are Tax Deductible.*

## Services Offered:

- Blood pressure and blood glucose screening
- Pregnancy test verification
- Medical follow-up for diabetes, hypertension, post-surgical procedures, ER visits, etc
- Medication review/education
- Health Promotion education
- Case management
- Annual Free flu vaccine clinics in Scott & Carver Counties
- Assistance with Applications for Government Programs (Food stamps, medical assistance, etc.)

## Client Story

A young woman came to our Nursing Center to have her pregnancy confirmed. Although she knew she was pregnant, she wanted to get a health professional to confirm it. She had visited us before and stated she felt she had gotten good information for other services for her family; thus her return. The next visit she came with her 5 children who were all sick. She had no health insurance, but the RVNC nurse felt they should be seen by a medical provider. After making a call to an Allina Clinic (Dean's Lake) to see if fees could be waived until she gets her health insurance papers, the financial person at the clinic talked to the River Valley nurse and told her the fee would be waived for all 5 of the children. All children were seen at the clinic and care provided.

## CARVER COUNTY (Mailing Address)

East Creek Family Center  
 303 East 6th Street  
 Chaska, MN 55318  
 Tuesdays, 1-5pm

## River Valley Nursing Center

**Call 952-496-8669 Leave a Message**

**[www.rivervalleynursingcenter.org](http://www.rivervalleynursingcenter.org)**

facebook

## SCOTT COUNTY

Anchor Center  
 752 Canterbury Road  
 Shakopee, MN 55379  
 Mondays, 1-6pm